AMENDMENTS TO THE SPECIFICATION

Page 3, delete the first full paragraph which is [0005] and insert the following paragraph:

[0005] Therefore, an object of the present invention is to provide a separator for <u>a</u> fuel cell and a fuel cell in which a warp resulting from press forming is reduced so that it becomes possible to stabilize the power generating performance, to simplify the assembling process and also to improve gas sealing properties.

Page 6, delete the fifth full paragraph which is [0015] and insert the following paragraph:

[0015] Figs. 5A to 5C are drawing that show surface pressure states of the separator in the examples of the present invention, and Fig. 5C-5D is a drawing that shows a surface pressure state of a separator of a comparative example.